## REFLECTIONS OF THE FINAL CONFERENCE FROM TEACHERS AND STUDENTS

"I personally believe, that SAFER was an experience of a lifetime. Since it enhanced me with the necessary skills to identify and prevent bullying. The conference also gave me the opportunity to share my thoughts and present the actions of my students against bullying. Last but not least, as a teacher, I feel more confident to deal with bullying situations and help to prevent BULLYING to ZERO. That's why I would like to thank the partners and the coordinators of the programme for the chance they gave us to participate in the programme as well as to attend the final Conference."

Nikoletta Lazarou - Teacher (GYMNASIO APOSTOLOU PAVLOU - CYPRUS)

"Participating in such a Conference has strengthened the feeling of empowerment and effectiveness, as it shows the strong desire and willingness of teachers/participants from all education levels and from different countries to act against school bullying. In addition, the Conference provided a great opportunity for us to exchange ideas, practices and approaches on how we can manage and deal with this serious phenomenon at school and how to act proactively. Finally, I believe that our participation contributed to raising the awareness of teachers regarding the seriousness of the phenomenon of school bullying and the importance of immediate, timely and effective response."

Maria Palatou - Teacher (DIMOTIKO EGKOMIS 1 (KB) - CYPRUS)

"Our participation in the SAFER Conference was a great experience. We gained valuable knowledge through the presentations that were made, which we transferred to the rest of our colleagues at the School. Such European Conferences help us on the one hand to improve due to the experiences we gain, while on the other hand we are given the opportunity to present the valuable work that is being done in Cyprus Public Schools."

Andri Kattami - Teacher (DIMOTIKO AGLANTZIAS 3 - CYPRUS)

"Brussels is a very different place from Cyprus. Wherever one goes, can see and admire the sights and buildings. It is worth mentioning that I had a very nice experience and I am grateful that I attended the Final Conference of the SAFER program, as did the other children who took part."

Lydia Iosifide - Student (DIMOTIKO AGLANTZIAS 3 - CYPRUS)

"I was lucky because I was in Group A (experimental group in the survey) and I had the chance to experience all the activities. SAFER helped me to identify and prevent bullying among my classmates. I also had the chance to travel to Belgium and exchange my thoughts with other teenagers. It was a very good experience."

Christia Kokkinou - Student (GYMNASIO APOSTOLOU PAVLOU - CYPRUS)

"Participating in the Conference helped me to feel more confident to deal with bullying incidents, whether affect me or a classmate. I realized how much not only my own teachers but also educators from all over Europe care about this phenomenon. Also, during the Conference I had participated in activities and games with children from other countries, learning about their actions regarding bullying but also about some elements of their culture."

Melina Kouppi - Student (DIMOTIKO EGKOMIS 1 (KB) - CYPRUS)